

Let Not Your Heart Be Troubled!

*Because Jesus is...
the Way, the Truth, and the Life.*

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John 14:1-6
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Introduction...

- Jesus spoke these words of comfort to His disciples on the night of His betrayal.
- With all the agony that lie ahead, Jesus comforted His disciples because of His great love for them.
- What kind of things trouble your heart?
- What is the root cause of all trouble?
- The solution that Jesus offers for our troubled hearts is Himself!
- Jesus' gentle and patient response to Thomas is packed with meaning and comfort for us all.

Part I – Jesus is THE Way ...

- Jesus does not claim to be “a” way but “the” way.
- As we look at the many religions of the world we find one thing in common...they are looking for heaven in all the wrong places.
- All other religions of the world are based upon a way of works that attempts to please and earn favor from a god by the works done and the life lived. This leads to a very troubled heart.

- Let not your heart be troubled because the way of Jesus is His sacrificial death, His resurrection, and His faithfulness — not our failure.

Part II – Jesus is THE Truth...

- It is almost as if Jesus anticipates our next question...how do we know Jesus is telling the truth?
- Jesus is Truth, this is not an attribute to describe Jesus...Jesus is the Truth.
- Jesus is the Word and God's word is truth!
(cf. John 1:1-3, 14, 1 Peter 1:18)
- Let not your heart be troubled because Jesus is Truth!

Part III – Jesus is THE Life...

- Either there is life or there is death, there is no middle ground.
- Many have attempted to thwart death, embrace death, and ignore death.
- Our Lord reveals Himself as the only solution to death.
- Only Jesus could make such a claim because only Jesus could back up such a claim with His own resurrection from the dead!
- Apart from Jesus there is only death. With Jesus alone there is life eternal.

Conclusion/Review...

- Let not your heart be troubled...Jesus is the Way, the Truth, and the Life and we can believe Him because Jesus is Alive!

(tuck these notes in your Bible for review and encouragement)